

Ontario Disability Support Program (ODSP) Tip Sheet



What is ODSP

ODSP (Ontario Disability Support Program) is a government funded program to provide financial assistance to disabled adults in Ontario for basic living costs, health costs (prescription, dental, and more) and employment support.

Before You Apply

Eligibility:

- be at least 18 years of age
- be an Ontario resident
- be in financial need
- meet the program's definition of a person with a disability

You can apply for ODSP as early as six months prior to your 18th birthday.

Required documents:

- Social Insurance Number (SIN)
- Health Card Number
- Information for financial assets in the applicant's name (bank account, Registered Disability Savings Plan, etc.)

Learn more about eligibility criteria at ontario.ca/page/ontario-disability-support-program-eligibility-income-support



Apply for ODSP online at ontario.ca/page/ontario-disability-support-program

FAQs

If the applicant currently has child funding, do they still need to apply?

Yes. Child funding does not automatically transition to ODSP. If the applicant is 17 years of age or younger and currently receiving child funding (Assistance for Children with Severe Disability, Special Services at Home, Ontario Autism Program), they will still need to submit the ODSP application at 17.5 years of age or older.

What if I am filling it out for someone who is not me?

In the application there is a question that asks if you are completing the form on behalf of another person. For a parent completing the form for their adult child you would indicate "other" as the relationship. **ALL OTHER QUESTIONS** are answered as if the applicant was filling out the application. This includes the financial information section that refers to "anyone included in the application." Parents, caregivers, siblings who live with the applicant do not need to include their financial information. Information shared is limited to the applicant (and spouse/partner and dependent children).

I don't understand the question

You will notice the online form is an application for social assistance in Ontario. This form is used for a broad range of situations including ODSP. Therefore, you might read a question and not be sure how it applies to your specific situation. If that happens you call the Ontario Social Assistance Support Line for assistance at **1 – 888 – 999 – 1142** (Monday to Friday, 8AM to 5PM)

I completed it, now what?

After you complete and submit the application you will see an "Application Confirmation Number" on your screen. Write this number down, screenshot or take a picture of it. You should also receive a confirmation email from ODSP. If you do not get one, check your spam folder. If you do not hear from ODSP, reach out to confirm your application was submitted (have your confirmation number ready). To find the number for your local ODSP office please see: officelocator.mcsc.gov.on.ca

If you need to revise or update information, call the social assistance contact centre or your ODSP case worker if assigned.

Resources:

Government of Ontario ODSP: ontario.ca/page/ontario-disability-support-program

Autism Ontario A Look at the ODSP Application resource: autismontario.com/sites/default/files/2025-04/ODSP%20Video%20%20infographic%20.pdf