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What: Abilities Centre is partnering with York University, to test **Adapted Bingocize**, a fun program combining **bingo** with **exercise** to encourage physical activity in autistic children. We are looking for families to participate in **Adapted Bingocize** sessions and provide feedback through surveys and a focus group!

When: **Adapted Bingocize** sessions will take place Wednesdays 6:00 to 7:00 pm, starting on January 15th, 2025.

Who: You are eligible if:

- You are the parent or caregiver of an autistic child aged 8-12.
- You live in the Greater Toronto Area,
- You use English as a primary language of communication.

Where: Abilities Centre, Studio 1, beside the HUR room

Sign-Up: If you're interested in learning more about this study or participating, please click here for more information and we will contact you: [Adapted Bingocize](#)

Questions: If you have any questions, please feel free to contact me by email:

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