



UNIVERSITY OF
CALGARY

UNDERSTANDING MENSES AND MENSTRUATION IN FEMALES WITH AN INTELLECTUAL OR DEVELOPMENTAL DISABILITY



Participants needed for a study to better understand the experience of menses and menstruation for females with an intellectual or developmental disability specifically, Autism, ADHD or intellectual disability

Who are we recruiting?

Individuals who:

- Caregivers of females who have an intellectual or developmental disability
- Your loved one is between the ages of 18-35
- You are willing to discuss your experience supporting your loved one during menstruation

What will I be asked to do?

- Complete a short survey and be interviewed (in-person or online)
- You will receive an Amazon gift card for participating

Interested?

Scan the QR Code below:



This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB24-0047)



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Participants needed for a study to better understand the experience of menses and menstruation for females with an intellectual or developmental disability specifically, Autism, ADHD or intellectual disability

Who are we recruiting?

Individuals who:

- Identify as female
- Have experienced menstruation/having a period
- Have an intellectual or developmental disability
- Between the ages of 18-35
- Are willing to discuss their menstrual experience and reproductive health

What will I be asked to do?

- Complete a short survey and be interviewed (in-person or online)
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