

Adult Resource List: Exploring Autism

Autism Ontario Services for Adults

- [Adult Diagnosis](#)
- [Adult Services](#)
- [Autism Career Connections](#)
- [Events](#)
- [Getting an Autism Diagnosis in Adolescence or Adulthood](#)
- [Housing Resources](#)
- [Job Seekers Course](#)
- [Mental Health Resources](#)
- [Personal Finance Course](#)
- [Women on the Spectrum](#)

For more information on autism in adulthood, contact us at adultsupports@autismontario.com.

Transitioning to Adulthood Resources

- [Creating Your Village](#)
- [Key Activities Checklist](#)
- [Let's Talk: Teen Mental Health](#)
- [Preparing for a Healthcare Visit Workbook](#)
- [Teen Collection \(AIDE Canada\)](#)
- [Transition to Adulthood Resources](#)
- [Transition Planning Milestones](#)

To be added to a waitlist for the next "Journey to Adulthood Discussion Workshop" please see: [WAITLIST](#)

Funding Resources

- [Autism Government Funding Options](#)
- [Developmental Services Ontario Overview](#)
- [Financial and Funding Resource Guide](#)
- [Ontario Disability Support Program Overview](#)

Community Partner Resources

- [AIDE Canada](#)
- [Adult Diagnosis Collection](#)
- [Autism Diagnosis in Adulthood](#)
- [Being Diagnosed with Autism as an Adult](#)
- [ConnectABILITY](#)
- [Depression and Autism CAMH Toolkit](#)
- [Disability Rights Collection](#)
- [Independent Living Skills Course](#)
- [Mental Health Literacy Guide for Autism](#)
- [Microboards Ontario](#)
- [P4P Planning Network](#)
- [Pooran Law](#)

Stay connected with us on social media



[@AutismONT](#)
[autism-ontario](#)
[@AutismOntario](#)
[autismontario](#)



[autismontario.com](#)
[autismontarioprovincial](#)
[autismeontarioprovincial](#)