

Mental Health Provider Checklist

WHAT TO LOOK FOR BEFORE STARTING SERVICE:

	YES	NO
CREDENTIALS AND SCOPE OF PRACTICE		
Are they registered with an appropriate regulatory college?		
Does this clinician have education and/or training in autism?		
Has this clinician provided mental health services to autistic people before?		
CONTRACT AND OTHER FORMS		
Can the clinician provide a copy of their fee schedule?		
Has the clinician provided a contract with what to expect (e.g., number of sessions)?		
Has the clinician discussed consent and Duty to Report?		

WHAT TO LOOK FOR AFTER STARTING SERVICE:

	YES	NO
ASSESSMENT		
Was there an assessment to determine goals and a treatment plan?		
Were both mine, and my child's, values and priorities considered?		
COLLABORATION		
Has the clinician discussed how they will share information with you?		
Is there a plan for working on goals outside of therapy sessions?		
Does the clinician have a process for coordinating and collaborating with other community professionals (e.g., school, physician, other therapists)?		