

Healthy Sexuality, from Puberty to Adulthood with Dr. Isabelle Hénault Resource List

April 2023

Resources

- [Clinique Autisme et Asperger de Montréal](#)
- Partners for Youth Inc.- Making Waves: [Preventing Relationship Violence Student Manual](#)
- Social Signals- Social Skills Lesson: [Relationships for Teenagers](#)
- University of Cambridge – [Empathy Quotient for Adolescents](#)

Video Links

- YAI- Sexually Speaking: [Aspects of a Positive Relationship](#)
- NCIL – [Sex Ed for Individuals with I/DD](#)

Research Links

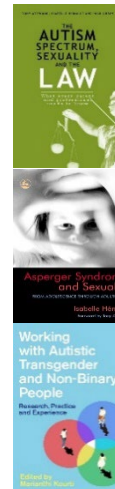
- [Sexuality education program for students with intellectual impairments](#), from the Government of Québec (children's / young adolescents)

Autism Ontario Webinars and Resources:

- Webinar: [Supporting Queer and Gender Diverse Autistic Youth](#) with Stephanie Moeser and anya gwynne
- Webinar Mini-Series: A Focus on Autistic Girls and Teens:
 - [Session 1: For Parents/Caregivers of girls 10 and younger](#)
 - [Session 2: For Parents/Caregivers of girls 10 and older](#)
 - [Session 3: For Autistic Girls: Healthy Friendships and Relationships](#)
 - [Session 4: For Autistic Girls: Puberty and Menstruation](#)

Books, Authored by Dr. Isabelle Hénault

- [The Autism Spectrum, Sexuality & the Law:](#)
What every parent and professional needs to know
- [Asperger's Syndrome and Sexuality:](#) From Adolescence through Adulthood
- [Working with autistic transgender and non-binary people,](#)
by Marianthi Kourti featuring Isabelle Hénault's chapter on gender identity in autism



(Library Access)

(Library Access)

Additional Books and Publications

- Practical Tips and Information:
 - [Sexuality and Severe Autism](#): Kate E. Reynolds
- Puberty:
 - [Making Sense of Sex](#): Sarah Attwood
 - [Puberty and Special Girls](#): Heather Anderson, Rose Stewart & Fay Angelo
 - [Special Boys' Business](#): Heather Anderson, Fay Angelo & Rose Stewart
 - [What's Happening to Ellie?](#): Kate Reynolds
 - [What's Happening to Tom?](#): Kate Reynolds
- Teens & Young Adults:
 - [The Secret Business of Relationships, Love & Sex](#): Heather Anderson, Fay Angelo & Rose Stewart
 - [Things Ellie Likes](#): Kate Reynolds
 - [Things Tom Likes](#): Kate Reynolds
- Dating & Relationships:
 - [Autistic's Guide to Dating](#): Emilia Murry Ramey & Jody John Ramey
 - [The Asperger Couple's Workbook](#): Maxine Aston
 - [The Asperger Love Guide](#): Genevieve Edmonds and Dean Worton
 - [The Guide to Dating for Teenagers with Aspergers Syndrome](#): Jeannie Uhlenkamp
 - [Love, Sex & Long-Term Relationships](#): Sarah Hendrickx

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