

## Resources: Puberty and Consent

Great book written by an autistic person

<http://autismfriendlyperiods.com/>

Video on consent for children

<https://www.youtube.com/watch?v=h3nhM9UJjc&t=23s>

Ideas on how to teach consent:

<https://www.talkwithyourkids.org/lets-talk-about/healthy-sex-talk-teaching-kids-consent-ages-1-21.html>