

“Exploring the Senses” Webinar Series Handout

May-June 2022.



Children’s Books about the Senses

- Listening to My Body by Gabi Garcia
- My Body Sends a Signal by Natalia Maguire
- I Hear a Pickle: and Smell, See, Touch & Taste It, Too! By Rachel Isadora
- Fun With my 5 Senses by Sarah Williamson
- My Five Senses by Alik
- Look, Listen, Taste, Touch and Smell: Learning about your Five Senses by Pamela Hill Nettleton
- The Listening Walk by Paul Showers

Books for Caregivers

- The Out-of-Sync Child by Carol Stock Kranowitz
- Sensational Kids by Lucy J Miller
- Building Bridges through Sensory Integration by Paula Aquilla and Ellen Yack
- Beyond Behaviors: Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges by Mona Delahooke

Websites and Online Resources

1. [Sensory Processing Differences Toolkit \(aidecanada.ca\)](https://aidecanada.ca)
2. [Sensory Processing - STAR Institute \(sensoryhealth.org\)](https://sensoryhealth.org)