## mergency

## May include:

- Copies of;
  - Health Card (OHIP),
  - List of current prescription,
  - Allergies (medical and otherwise),
  - List of diagnoses,
  - List of doctors (with contact information),
  - Emergency contact information,
  - Group benefits (if applicable)
- Other information you would want EMS (emergency medical services) or other emergency personnel to have fast access to
- Additional documents that you select

