

A Five Is Against The Law

[adapted from Kari Dunn Buron, 2007]

Boundary-Setting: Rating Your Behaviour

- 5 Physically Hurtful or Threatening Behaviour?** These are behaviours that are against the law.
- 4 Scary Behaviour?** This behaviour could get you fired from your job or suspended from school. This could also end up being against the law.
- 3 Odd or “Creepy” Behaviour?** This behaviour could make other people uncomfortable & nervous. You might get reprimanded or possibly fired from you job. This is not against the law.
- 2 Reasonable Behaviour?** People are enjoying each other’s company; or simply getting to know each other better.
- 1 Very Informal Behaviour?** This is like waving to someone or smiling. Or you are just saying “Hi” to someone. This is totally OK.