Our Vision: Acceptance & Opportunities for all individuals with Autism Spectrum Disorders (ASD).

Our Mission: To ensure that each individual with ASD is provided the means to achieve quality of life as a respected member of society.

Autism Ontario – Ottawa Chapter does not endorse any of the following organizations/businesses nor have any control over any of the content that may contained in their websites.

Comments or Corrections? Send an email to Ottawa@autismontario.com
Also available at www.autismontario.com/ottawa
### Description of services provided

1. **Pediatricians**
   - Provides assessments and prescribe medication if necessary. Assess the child's development and provides a diagnosis or may recommend a specific treatment plan.

2. **Psychiatrists**
   - Psychiatrists provide diagnostic evaluation for mental disorders and are authorized to prescribe psychiatric medication, conduct physical examinations.

3. **Neurologists**
   - Neurologists diagnose and treat neurological disorders. It is the medical specialty related to the human nervous system. Treat patients suffering from neurological diseases. Provides assessments and are authorized to prescribe medications.

4. **Psychologists**
   - Psychologist provides assessment, diagnosis and treatment for mental disorders. They are not authorized to prescribe medications, however can "team" with pediatricians or family doctors to provide them. Also, provide clinical counseling in a variety of therapeutic contexts.

5. **Educational Assessments**
   - Educational assessment is the process measuring the individual's knowledge, skills, and behavior for academic purposes. These assessments focus on the individual learner and the learning environment. It addresses the level of preparation to achieve success within the educational interactions.

5. **Psychotherapy & Counselling**
   - Psychotherapy is a therapeutic approach to a client, family or group where it's primarily focus to increase the individual's well-being. Psychotherapists may use dialogue, communication and behavioral techniques to improve the client's mental health & social interactions (family involvement). Counseling is the term referred by the communication established between professional-client.

6. **Income tested & Free Counselling**
   - Counseling available in the Ottawa community to serve people that cannot afford the fees of private counseling. Normally income based (sliding scale) with affordable fees.
### Specialist Doctors – Asperger Syndrome

#### 1. Pediatricians

<table>
<thead>
<tr>
<th>Doctor</th>
<th>Specialty</th>
<th>Contact Information</th>
</tr>
</thead>
</table>
| Dr. Jocelyn MD, FRCP (C)                    | Psychiatrist & Developmental Pediatrician | E-mail: debbie@emergingminds.ca, Debbie Downer  
Phone: 613.618.8715 |
| Dr. Martine Jaworski (CHEO)                 | Paediatric Behaviourist            | Address: 265 Carling Avenue, Suite 400 (corner of Bronson and Carling), Ottawa K1S 2E1  
Phone: 613.566.7005 |
| Dr. Rodney Bergh (private office)           | Must have dual diagnosis of ADHD   | Address: 160 Percy Street Ottawa Ontario K1R 6E5  
Phone: 613.231.5000 |
| Dr. Sidney Kardash (private office)         |                                    | Address: Suite 212, 2948 Baseline Road  
Ottawa, Ontario K2H 8T5  
Phone: 613.828.9792 |

#### 2. Psychiatrists

**Children/Sometimes Adults**

<table>
<thead>
<tr>
<th>Doctor</th>
<th>Specialty</th>
<th>Contact Information</th>
</tr>
</thead>
</table>
| Dr. Daniel Doiron (private office)          |                                    | Address: 404-2211 Riverside Drive Ottawa ON, K1H 7X5  
Phone: 613.737.2155 |
| Dr. D.S. Palframan (CHEO)                   |                                    | Address: 401 Smyth Road, Ottawa ON K1H 8L1, Canada  
Phone: 613.737.2759 |
| Dr. Elizabeth Esmond (Private office)       |                                    | Address: Suite 31-301 Metcalfe Street, Ottawa K2P 1R9  
Phone: 613.739.8388 |
| Dr. Gail Yenta Beck (ROH)                   |                                    | Address: 411 Avenue Roosevelt, Ottawa ON K2A 3X9  
Phone: 613.728.8942 |

**Adults**

<table>
<thead>
<tr>
<th>Doctor</th>
<th>Specialty</th>
<th>Contact Information</th>
</tr>
</thead>
</table>
| Dr. Jocelyn MD, FRCP (C) (2-16 years only) | Psychiatrist & Developmental Pediatrician | E-mail: debbie@emergingminds.ca, Debbie Downer  
Phone: 613.618.8715 |
| Dr. Jovan Simeon (ROH, 16 and up)          |                                    | Address: 27 Davidson Dr., Gloucester ON K1J 6L7  
Phone: 613.738.6990 |
| Dr. Robert Milin (ROH, 16 and up)          |                                    | Address: 1145 Carling Avenue, Ottawa ON K1Z 7K4  
Phone: 613.722.6521 |
| Dr. Stavrakaki                             | (used to work in dual diagnosis clinic at CHEO – now in private practice) | Address: 250B Greenbank Road Nepean, ON K2H 8X4  
Phone: 613.878.1831 |
| Dr. Sukhjit Kaur Batth                     | (Private office, also speaks Hindi, Panjabi, Urdu) | Address: Greenbank Square, Suite 235  
250B Greenbank Road Ottawa ON, K2H 8X4  
Phone: 613.596.2858 |
| Dr. Vinnie Malik (private office)          |                                    | Address: 400-2555 St. Joseph Blvd, Orleans, ON  
K1C 1S6  
Phone: 613.834.8913 |
| Dr. Hifzija Bajramovic                     | (speaks Bosnian, Croatian, Serbian, and Yugoslav) | Address: Ottawa General Hospital, 501 Smyth Road  
Ottawa ON, K1H 8L6  
Phone: 613.737.8010 |

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Also available at www.autismontario.com/ottawa
3. Neurologists

Dr. Keene (CHEO/private office) pediatric neurologist
Address: Pediatrics Division of Neurology, CHEO 401 Smyth Road Ottawa ON, K1G 4G3
Phone: 613.737.7600

Dr. Minh Nguyen (private office) pediatric neurologist
Address: 205-1919 Riverside Dr, Ottawa, ON K1H 1A2
Phone: 613.737.3121

Note:
See www.cpsoc.ca for contact info and availability of physicians.
Contact the Ottawa Academy of Psychology referral service 613.235.2529
Ask family physician to contact the Academy of Medicine Ottawa Psychiatric Referral service at 613.733.3219 to help locate a psychiatrist.
Ask family physician to make a referral to any of the psychiatry programs at the Ottawa Hospital (General or Civic), the Royal Ottawa, or the Montfort Hospital.

4. Psychologists

Children/Families

Dr. Dianne Claude
Address: 3591 Innes Ottawa, Orléans, ON K1C 1T1
Phone: 613.841.7039

Dr. Faizah Visram
Address: 97 Hinton Avenue North Ottawa, ON, K1Y 0Z7
Phone: 613.791.7865

Dr. Ian Manion
Address: OCECYMH-401 Smyth Rd. Ottawa, ON K1H 8L1
Phone: 613.737.2297

Dr. Maggie Mamen
Address: 98 Centreporte Drive Nepean, ON K2G 6B1
Phone: 613.228.1174

Dr. Neil Gottheil
Address: 2186 A Thorston Dr, Ottawa, ON K1G 6E1
Phone: 613.321.0642

Dr. Patricia Behnke
Address: 400 -265 Carling Avenue, Ottawa, ON, K1S 2E1
Phone: 613.563.1632

Dr. Susan Rich
Address: 98 Centreporte Drive Nepean, ON K2G 6B1
Phone: 613.228.1174 ext 24

Dr. Vicky Martin
Address: 1 Centreporte Drive, Suite 309 Ottawa (Nepean), ON, K2G 6E2
Phone: 613.526.4977

Dr. Yolanda Korneluk (Emerging Minds)
Address: 97 Hinton Avenue North, Ottawa ON K1Y 0Z7
Phone: 613.883.3716

Children/Families/Adults

Dr. Larry Cebulski
Address: 301 - 376 Churchill Ave. Ottawa ON K1Z 5C3
Phone: 613.725.2098

Dr. Michelle Gagnon (neuropsychologist)
Address: 306-1919 Riverside Dr, Ottawa, ON K1H 1A2
Phone: 613.738.7866

Dr. Sandra Burns
Address: 130 Albert St. Ste 1900
Phone: 613.563.4492
  613.739.9857
  613.290.3306

Dr. Angela Digout Erhardt
Address: 98 Centreporte Drive Ottawa, ON, K2G 6B1
Phone: 613.867.4589

Dr. Faizah Visram
Address: 97 Hinton Avenue North Ottawa, ON, K1Y 0Z7
Phone: 613.791.7865

Dr. Freida Hjartarson
Address: 33 Somerset W, Ottawa, ON K2P 0H3
Phone: 613.234.0893

Dr. Gerald Munt
Address: 54 Patterson Ave. Ottawa, ON K1S 1Y1
Dr. Isabelle Henault (Montreal)
Address: 1480, rue Bélanger Est, bureau 101
Montréal (Québec) H2G 1A7
Phone: 514.990.3373

Dr. Jan Gordon
Address: 212-1929 Russell Rd, Ottawa, ON K1G 4G3
Phone: 613.523.5140

Dr. Jeff Sherman
Address: T.I.P.E.S - 160 Unit B Terence Mathews Drive
Ottawa, Ontario K2M 0B2
Phone: 613.592.8800

Dr. John Meissner
Address: 400 -265 Carling Avenue, Ottawa, ON, K1S 2E1
Phone: 613.563.9816

Dr. June Pimm
Address: 188 Stanley Ave Ottawa ON K1M 1P3.
Phone: 613.744.5814

Dr. Karen Ogston
Address: 400 -265 Carling Avenue, Ottawa, ON, K1S 2E1
Phone: 613.563.1632

Dr. Mary Champagne
Address: 725 Churchill Ave. Ottawa ON, K1Z 5G7
Phone: 613.722.3521

Dr. Owen HelmKay
Address: 2725 Queensview Drive, Suite 600
Phone: 613.596.2000

Dr. Paula Moncion
Address: 314-2249 Carling Ave, Ottawa, ON K2B 7E9
Phone: 613.596.2333

Dr. Peter Liu (speaks Mandarin)
Address: 2446 Bank St, Ottawa, ON
Phone: 613.737.1969

Dr. Yvanna Kroitor (sliding scale)
Address: 430 Gilmour St. Ottawa, ON K2P 0R6
Phone: 613.230.0139

Centre for Psychological Services, University of Ottawa
http://www.socialsciences.uottawa.ca/psy/eng/cps.asp

5. Educational Assessments

Dr. Sandra Burns
Address: 130 Albert St. Ste 1900
Phone: 613.563.4492
613.739.9857
613.290.3306

Dr. Angela Digout Erhardt
Address: 98 Centrepointe Drive Ottawa ON, K2G 6B1
Phone: 613.867.4589

Dr. Anne Schlieper
Address: 420-1385 Bank St Ottawa ON, K1H 8N4
Phone: 613.523.5026

Dr. Eileen Davelaar
Address: 770 Broadview Ave Ottawa, ON K2A 3Z3
Phone: 613.792.3280

Dr. Faizah Visram
Address: 97 Hinton Avenue North Ottawa, ON, K1Y 0Z7
Phone: 613.791.7865

Dr. Jan Gordon
Address: 212-1929 Russell Rd, Ottawa, ON K1G 4G3
Phone: 613.523.5140

Dr. Karen Ogston
Address: 400 -265 Carling Avenue, Ottawa, ON, K1S 2E1
Phone: 613.563.1632

Dr. Larry Cebulski
Address: 301 - 376 Churchill Ave. Ottawa ON K1Z 5C3
Phone: 613.725.2098

Dr. Maggie Mamen
Address: 98 Centrepointe Drive Nepean, ON K2G 6B1
Phone: 613.228.1174

Dr. Owen HelmKay
Address: 2725 Queensview Drive, Suite 600

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Ottawa@autismontario.com
Also available at www.autismontario.com/ottawa
Dr. Vicky Martin  
**Address:** 1 Centrepointe Drive, Suite 309  
Ottawa (Nepean), ON, K2G 6E2  
**Phone:** 613.526.4977

Dr. Yolanda Korneluk (Emerging Minds)  
**Address:** 97 Hinton Avenue North, Ottawa ON K1Y 0Z7  
**Phone:** 613.883.3716

Dr. Michelle Gagnon (neuropsychologist)  
**Address:** 306-1919 Riverside Dr, Ottawa, ON K1H 1A2  
**Phone:** 613.738.7866

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**Note:**

See [www.cpo.on.ca](http://www.cpo.on.ca) for contact info/specialty/availability of psychologists.  
Look under Directory of Members).  
Also the Canadian Registry of Health Providers in Psychology provides an online psychology finder at [http://www.crhsp.ca](http://www.crhsp.ca) that allows you to specify “autism” as a specialty.  
The Ottawa Academy of Psychologists lists its members along with some information at [www.ottawa-psychologists.org](http://www.ottawa-psychologists.org).

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### 6. Psychotherapy/Counseling

**For Families of child/adult with ASD**

**Dr. Sandra Burns**  
**Address:** 130 Albert St. Ste 1900  
**Phone:** 613.563.4492  
613.739.9857  
613.290.3306

**Erin Bertrand** (Psychotherapist and Behavioral Counselling)  
**Address:** 480 Frank Cauley Way Ottawa ON  
**Phone:** 613.889.8769 or 613.425.4257

**Julie Martin McKay MSW** (Emerging Minds)  
**Address:** 97 Hinton Avenue North, Ottawa ON K1Y 0Z7  
**Phone:** 613.883.3716

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**Dr. Sanford Siegel**  
**Address:** 320-2249 Carling Av. Ottawa, ON K2B7E9  
**Phone:** 613.829.7100 or 613.729.4478

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### 7. Income tested & Free Counselling

**Community Health Centres**

There is no charge to see a WOCRC counsellor. Some of the programs and services have a minimal fee -- the counsellor will outline any potential costs during your initial meeting.  
**Address:** 2 MacNeil Court in Kanata, ON  
**Phone:** 613.591.3686  
**Website:** [http://www.wocrc.ca](http://www.wocrc.ca)

**Catholic Family Service**

Cost: Fee for services is assessed using a sliding scale and based on your annual family income and the number of dependents.  
**Address:** 310 Olmstead Ottawa, ON K1L 7K3  
**Phone:** 613.233.8478  
**Website:** [http://www.cfsottawa.ca/](http://www.cfsottawa.ca/)

**Jewish Family Services**

Cost: Fee for services is assessed using a sliding scale and based on your annual family income and the number of dependents.  
**Address:** 300-2255 Carling Ave. Ottawa, On K2B 7Z5  
**Phone:** 613.722.2225  
**Website:** [http://www.jfsottawa.com/](http://www.jfsottawa.com/)

**Ottawa Family Services**

Subsidized, utilizes a sliding fee scale to adjust your fee according to your income and family size so that counselling becomes affordable and accessible to all.  
**Address:** 312 Parkdale Avenue, Ottawa, ON, K1Y 4X5  
**Phone:** 613.725.6175  
**Website:** [http://www.familyservicesottawa.org/](http://www.familyservicesottawa.org/)

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**For Youth/Families**

Youth Services Bureau Mental Health Walk-in Clinic  
(call for days and times)