

## **Kids Grow Up: Teens and Adults on the Autism Spectrum Advocacy Campaign Tool Kit**

### **Writing To Your Member of Provincial Parliament**

Writing to your MPP is always a good first step in establishing contact. Please refer to the sample letter to help you get started. You can mail, fax, or email your letter.

#### **How to find out who is your MPP**

Call Elections Ontario, (416) 326-6300 or 1-800-677-8683 or visit [www.electionsontario.on.ca](http://www.electionsontario.on.ca)

Your MPP has an office at Queen's Park and in your riding. In this toolkit you will find a list of MPP's constituency offices contact information, including email addresses, or visit [www.ontla.on.ca](http://www.ontla.on.ca)

If you do not have access to a computer at home, please visit your local library or call the Community Relations staff at Autism Ontario's provincial office: 416-246-9592 x 232.

#### **Follow Up**

Two or three weeks are usually the standard time it takes to get a response. If after this period you have not heard from your MPP's office, it is reasonable to follow up your letter with a phone call or an email.

#### **If English Is Not Your First Language**

Assistance to explain the information in this toolkit and in writing your letter is available through 211 Ontario. People from Toronto, Niagara, and South Simcoe can simply dial 211 and you will be connected to a community-based agency that speaks your language.

For people outside the 211 calling areas, the 24-hour phone number to dial is (416) 397-4636 and 211 Ontario will connect you to your local community information centre.